



November 2022

9-12 Grades Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
31 Cheese Dippers w/ Marinara Sauce Baked Sweet Potato Steamed Broccoli Chilled Strawberry Cup Fresh Apple	1 Chicken Nuggets w/WG Roll Steamed Corn Mashed Potatoes Mixed Fruit Sliced Peaches	2 Corndog w/Mustard Tater Tots Baked Beans Steamed Carrots Mixed Berry Cup Fresh Orange	3 Thanksgiving Meal: Roasted Turkey WG Roll Green Beans Turkey Dressing w/ Gravy Mashed Potatoes Pumpkin Pie	4 Cheese Quesadilla Salsa Tossed Salad w/ Ranch Baked Fries Chilled Peaches Cup Applesauce
7 Pork BBQ w/WG Bun Tater Tots Baked Beans Coleslaw Sliced Pears Fresh Orange	8 Beef Taco Pocket W/Cheese Diced Tomatoes, Shredded Lettuce Black Beans/Salsa Steamed Corn Applesauce/ Peaches	9 Fish Sticks w/ Hushpuppies Coleslaw Steamed Broccoli Baked Fries Sliced Peaches Chilled Strawberries	10 Early Release Pizza Salad w/Ranch Steamed Carrots Fresh Apple Mixed Fruit	11 Veteran's Day Holiday
14 Hamburger / WG Bun Lettuce/Tomato/Pickles Baked Fries Steamed Carrots Mixed Fruit Fresh Apple	15 Cheese Dippers w/Marinara Sauce Steamed Broccoli Steamed Corn Fresh Orange Applesauce	16 Hotdog on WG Bun Baked Fries Baked Beans Creamy Coleslaw Mixed Berry Cup Orange	17 Spicy Chicken Fillet/ Bun Lettuce & Tomato Sweet Potato Tots Green Beans Banana Fresh Apple	18 Beef Teriyaki Bites w/ WG Roll Steamed Carrots Steamed Peas Sliced Peaches Pears
21 Vegetable Beef Soup/Corn and Ham Chowder Grilled Cheese Sandwich Corn Chips & Pears Mixed Fruit	22 Cheese Quesadilla Black Beans/ Salsa Steamed Broccoli Sliced Peaches Fresh Orange	23 Holiday	24 Holiday 	25 Holiday
28 Hotdog on WG Bun Baked Fries Coleslaw Baked Beans Sliced Strawberries Sliced Peaches	29 ACP: Chicken, Rice and Cheese Sauce Black Beans/ Salsa Steamed Carrots Pears Fresh Apple	30 Beef Teriyaki Bites w/WG Roll Steamed Corn Steamed Broccoli Mixed Berry Cup Fresh Apple	Daily Choice Entrees: PB & J Sandwich Or Smart Mouth Pizza	Milk-Variety 1% White Fat Free Chocolate